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21 HISBAH: Jurnal Bimbingan Konseling Dan Dakwah Islam Vol. 16, No 1, Juni 2019 PARENTING STRESS PADA IBU YANG MEMILIKI ANAK AUTIS Nur Fitriyani Hardi Program Studi Bimbingan Konseling Islam, UIN Sunan Kalijaga Yogyakarta *E-mail: Nurfitriyanihardi@gmail.com Ferra Puspito Sari Program Studi Bimbingan Konseling Islam, UIN Sunan Kalijaga YogyakartaAuthor: Nur Fitriyani Hardi, Ferra Puspito Sari Feb 1th, 2024

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Mindfulness And Mindfulness Meditation

"Mindfulness For Beginners" By Jon Kabat-Zinn "The Miracle Of Mindfulness" By Thich Naht Hanh "The Little Book Of Mindfulness" By Patrizia Collard . Www.rebalancemd.com 104-3551 Blanshard St, Victoria, BC V8Z 0B9 Tel: (250) 940-4444 Fax: (250) 385-9600 . Author: Apr 1th, 2024

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1Family Medicine Residency, Northern Light Eastern Maine Medical Center, Bangor, ME. 2Coyote Institute, Orono, ME. 3Wabanaki Health And Wellness, Bangor, ME. 4Graduate School, University Of Maine, Orono, ME. 5Department Of Psychiatry, University Of Vermont College Of Medicine, Burlington, VT. THE JOURNAL OF ALTERNATIVE AND COMPLEMENTARY ... Jul 2th, 2024

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Toward Behavioral Change, And (c) A Referral For Those Identified As Needing More Extensive Treatment. We Have Developed A Similar, Innovative And Brief Treatment, The Safety Planning Intervention (SPI), For Mar 1th, 2024

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