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****What Is Kung Fu? - Little River Kung Fu School**

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Wing Chun: Introducing Basic Wing Chun Kung Fu Using ...

Wing Chun Is A Truly Beautiful And Practical Kung Fu Style In Chinese Martial Arts,

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BA SHI - The Eight Basic Stances The Foundation Of Kung Fu

1 BA SHI - The Eight Basic Stances The Foundation Of Kung Fu By Richard Miller Kung Fu (hard Work And Dedication To A Skill Over A Long Period Of Time), Wu Shu (martial Art), Guo Shu (Chinese Martial Art), And Ji Ji (fighting Technique) Are All Terms Frequently Used To Mean Chinese Mar- Tial Arts. Two Terms Not So Often Heard Are Bai Da (bare Hand Fighting) And Chuan Yong (possession Of Brave Jun 1th, 2024

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