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Length (ft.) 20 - 25 2,500 3/16 7/16 90 26 - 30 5,000 1/4 7/16 135 31 - 35 10,000 5/16 1/2 190 36 - 40 15,000 3/8 9/16 225 41 - 45 20,000 7/16 5/8 240 46 - 50 30,000 1/2 11/16 315 ... Jan 6th, 2024

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- A Tai Chi Class Generally Covers Movements In The Tai Chi Style Being Studied. For Example, Yang Style Tai Chi Has 108 Postures/movements. Those Movements Are Arranged In Services/Forms Generally Named By The Number Of Movements In The Form. For Example, Form 16 Has Apr 9th, 2024

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