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STANDARDIZED RECIPE FORM Recipe Name: Recipe No ...STANDARDIZED RECIPE FORM Recipe Name: \_\_\_\_\_

Jan 12th, 2024 Juice Plus Complete Smoothie Recipe Book 1 Serving Juice Plus+Chocolate COMPLETE 1/2-1 Banana Fresh Or Frozen 1 TBSP Natural Peanut Butter (the Kind You Have To Stir) 1 Cup Mild FROZEN Fruit Instead Of Ice. (example: Mango, Tropical Fruit)

INSTRUCTIONS: Put All Ingredients In Blender In Order Given. Blend Until Frozen Fruit Lumps Gone. Drink All At Once Or Pour Into 2 Coffee Mar 10th, 2024

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