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Angeles, California. Michaels is best known for her appearances on NBC, particularly *The Biggest Loser*. She has also made an appearance on *The Talk* on May 20th, 2024. Jillian Michaels Body Revolution Diet Plan Slim For Life - Jillian Michaels 2013-02-12 Stop Battling Your Weight And Slim Down For Life With This No-nonsense, Insider's Plan From America's Health, Wellness, And Weight-loss Guru: Jillian Michaels. She has helped millions lose weight and feel great, and now she can help you, too. Bestselling author. An Feb 3th, 2024.

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