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Recipes Low Carb Fruits Watermelon 11g Strawberries 13g Blackberries 14g Raspberries 15g Cantelope 13g Avocado 12g Honeydew 15g Peaches 15g Low Carb

Vegetables Cucumber, Peeled 3g Cucumber, With Peel 4g Celery 3g White Mushrooms 2g Cabbage 5g Iceberg Lettuce 2g Romaine Lettuce 2g Spinach 4th,

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