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RATIONAL-EMOTIVE THERAPY: AN APPRECIATION

Albert Ellis: Reason And Emotion In Psychotherapy, Lyle Stuart, New York, 1962. Humanistic Psychotherapy: The Rational-Emotive Approach, McGraw-Hill, New York, 1973. Growth Through Reason: Verbatim Cases In Rational-Emotive Therapy, Wilshire Books, Hollywood, 1971. And R. A. Harper, A New Guide To Rational Living, Prentice- 1th, 2024

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In The Mid-1950's Dr. Albert Ellis, A Clinical Psy-chologist Trained In Psychoanalysis, Became Disil-Iusioned With The Slow Progress Of His Clients. He Observed That They Tended To Get Better When They Changed Their Ways Of Thinking About Themselves. Their Problems. And The World. Ellis Reasoned That 3th. 2024

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The Rational Emotive Behaviour Therapist

Encourage BABCP To Realize That Since They Have Agreed To Represent AREBT In Matters Of Joint Interest This Comes With A Responsibility To Seek Our Views In

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Ing The Difficulty With Irrational Values" Mathematics Teacher, 2018, Vol. 112, No. 2, Pp. 132-135. C. L. Adams And J. Board, "Conditions On A Coeffi- Cients Of A Reduced Cubic Polynomial Such That It And Its Derivative Are Factorable Over The Rational Numbers" 1th, 2024

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